
Bilingual Mental Health Assessment Services & Therapy

Central Square Therapy Associates is an independent group of licensed mental health clinicians. We look forward to assist you in meeting many of the mental health needs of the clients you serve. During and after the group sessions, our clinicians will be available to help implement the recommendations that we make.

All services are provided in English and / or Spanish.



Central Square Therapy Associates
Mailing Address:
203 Washington St. #141
Salem, MA. 01970



Behavioral Positive Parenting / Disciplining Groups

Central Square Therapy Associates

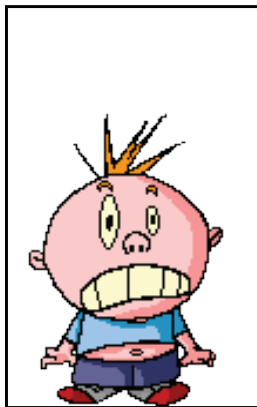


- By Appointment Only -

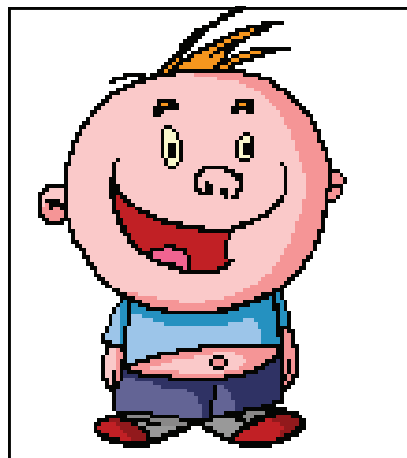
Tel: 781-592-6100

Applied Behavioral Analysis Philosophy

CeSTA group leaders adhere to a hands-on, practical approach to the treatment of maladaptive behaviors in children and adolescents. This behavioral psychotherapy group is geared for parents and educators who have to discipline youngsters from ages 3 to 14. The goal is to first review and enhance basic behavioral strategies and then teach more advanced applied behavioral analysis techniques while using actual behaviors provided by the group members. Our treatment protocols are meant to provide hands-on interventions aimed at improving the behavioral compliance and socio-emotional adaptation of your client's child. In addition, whenever our treatment recommendations specify a particular community resource or additional psychotherapy service, we include the name and phone number of the contact person with whom the recommendation might be met.



CeSTA group leaders must have earned a minimum of a master's degree and 5 years of direct clinical service experience. They must also be independently licensed in the state of Massachusetts to deliver mental health services. All intakes to the group members are performed under the supervision of a doctoral level licensed psychologist in an effort to insure group membership adequacy.



Multidisciplinary case reviews are frequently conducted in order to secure the comprehensiveness and continuity of mental health services.

We accept Mass Health and MBHP among several other third party payers

All services are provided in English and / or Spanish. Please feel free to reproduce and distribute this form.

Central Square Therapy Associates

Mailing Address:
203 Washington St. #141
Salem, MA. 01970

Main Office:
150 Market Street, 2nd Floor,
Lynn, MA. 01902

Voice — 781-592-6100
Fax — 781-592-1093